

# THE TIMES DAILY MAGAZINE PAGES

## New Modes Change My Lady's Stays

Pointed Bodices Now Revive Curves and Wasp Waists of Bygone Days.

By MARGARET MASON.

Hip, hip, hurrah! No more the stay! Will bind your hips unduly; They're free once more With curves galore And most becoming truly.

NEW YORK, Nov. 12.—You can't put on 1880 bodices on a 1915 figure with any great success. Hence, since femininity just must wear these adorable little bodied and pointed bodices it is up to femininity to reconstruct the female form divine. Special corsets to make the firm foundation for this work of reconstruction are now on the market and the spot.

They differ in three vital points, or perhaps we should say curves, from "little old lady's" stays. They are two and three inches higher in the bust, smaller and more curved at the waist, and most amazing of all, they are shorter and less boned over the hip, with what is called a "free hip" finish.

Doesn't it take your breath away to think that you are going to have fashion on your hip again? What will probably take your breath a trifle more, however, is when you pull on your 1915 corset strings to get the new curved-in waist effect. Don't let anybody else string you, for it's going to be a mighty hard yank. Let there be no waste of energy in the pull, either, or there will be no waist of modish dimensions in the corsets.

Front lace corsets are gaining ever-increasing popularity because of their greater comfort as well as their good lines. They are most successful with medium and heavy figures. For the truly svelte, the back lace effects are the most approved models. Simplicity of line and adornment is the keynote of the new corsets, and they are staid stays indeed.

Verily, with the new high lace corsets either front or back, and the new high lace boots front, back or side, the sartorial success of this season's dame hangs on a string. She starts it with a corset lace and ends up with a shoestring.

## Dressy French Suit of Broadcloth



A welcome relief from the omnipresent fur-trimmed costume is a brown broadcloth suit with touches of black velvet, designed by Paquin of Paris. The short, flaring coat and wide skirt of walking length reflect new ideas for the coming season. A brown charmeuse sash, loosely knotted, is emphasized by a gay sash.

## Spleen Is Blood-Forming Organ; Bone Marrow and Adrenal Tissue Help

By DR. LEONARD KEENE HIRSHBERG.

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THE blood that is being spilled at this time in the Gargantuan battles we read about—each greater than any of all past history—reasonably brings to mind the inquiry: "Where does the blood come from?" When a poniard, a bayonet, a rifle bullet, a cannon ball, a pistol shot, or a fragment of shrapnel lets out an amount of blood one-seventh to one-sixteenth of a man's own weight, how in the world does he obtain new blood to make up the loss?

When you learned from the Meuse, the Marne, the Aisne, and the Yser rivers that the fighting men lay under fire in their trenches "chilled to their marrow bones, nevertheless contented," and "without spleen or venomous feelings against their valorous antagonists," you heard a whole history of physiology retailed to you in a nutshell. In plain English, you have here crystallized into colloquial English all the scientific knowledge of how and where new blood is made. That is, in the marrow bones and in the spleen. Among the strange reservoirs, and abiding places of baby blood corpuscles are the curious organ of the body called the spleen, and the interior, central areas at the ends of the long bones.

The spleen, indeed, is actually a dark reddish sponge, full of sponge-like canals and other channels through which the blood can flow.

### How Spleen Works.

This drab-red, soft, sponge mass resembles a liver unpolished. It is located to the left of the stomach, and barely reaches the edge of the ribs, except after loss of blood, during fevers and in other blood maladies. Then it swells lengthwise, and peeps out from over the edge of the ribs. Like the marrow in the thick heads of the long bones, it manufactures a steady output of white and red blood corpuscles. The lymph glands also contribute in a small way to the evolution of certain white elements in the blood stream.

In times of stress, hemorrhage and disease, when the call of the drained, sore and irritated tissues is urgent for new, fresh, strong blood, with which to combat the invading host of microbes, the spleen and its first aids just mentioned work night and day to make up the losses in the depleted ranks of the blood.

New experiments in support of these truths have just been forthcoming from

the Rockefeller Institute of Medical Research. Dr. D. H. Morley, of New York, carried on this investigation upon cats, rabbits, dogs, and other animals. His observations show that the proportion of white corpuscles in the vein that leaves the spleen is much larger than in the artery that enters the organ.

### Result of Experiment.

There are always more red and white cells in the splenic vein than could be found in any of the other places. Frequently, in the experiments, this excess of corpuscles rose to such a degree that there were twice as many red or white cells coming out as going into the spleen.

These experiments all point to the inevitable conclusion that the spleen is a blood-forming organ of prime importance in the animal economy. The fact that the organ can be removed without causing death or even considerable harm to the animal organism does not change this conclusion. Other organs, such as the bone marrow and adrenal tissues in general, may assume part of the role of the spleen when this is absent, but only the severity of the blood-destroying agent and the individual resistance can determine whether the body can stand the strain when deprived of the spleen.

## Answers to Health Questions

John W. H.—Please tell me what to do for falling hair. My hair is coming out by the handfuls, and yet I am only twenty years old. 2. My hair is also full of dandruff, which will not come out when the hair is washed. What can I do for it?

Apply with friction to the scalp every night fluid extract of plicocarpine, 1 dram; tincture of cascara, 1 dram; tincture of cantharides, 1 dram; rose water, 1 ounce; distilled water, 3 ounces. 2. Massage into the scalp twice a day resorcin, 5 grains; balsam peru, 3 drams; cocoa butter, 3 drams; sulphur, 3 drams.

## Seen In The Shops

By THE SHOPPER.

COMPLETE from its rose and gold shade to its mahogany base is a desk-lamp priced at \$2 in an F street department store. The shade is fluted and bound with gold and fits over a single electric light bulb. The extra length of wiring, which is included with the stand, is covered with dark red silk to match the mahogany.

Dresden book-ends of metal turn out to be basket of flowers enameled in bright colors. They are \$5. Bird-perches in the same colorings are \$4, all at an F street department store.

A shoe shop in upper Fourteenth street is displaying a number of modish boots. A pair of dark bronze with prunella uppers are \$4. Others of soft black kid with shiny patent leather tips, white buttons and white stitching are \$5.

For 50 cents the same shop is selling cozy bedroom slippers of felt.

Now is the very time to begin laying in a stock of Christmas tags, before the assortments are decimated or lose their pristine freshness. One F street shop has all manner of delightful cards. There are fat cherubs of Kewpiean proclivities peeking from the tops of knobby stockings, eager little girls sitting up in bed to examine their Christmas morning treasures and pointers with charming little faces at the center. Most of these are 10 cents a dozen.

The seals are especially gay this year and a number of new patterns have been evolved by clever designers of Christmas specialties.

Telephone Main 5260 and ask "The Shopper" for information giving the names of shops which carry the articles referred to in this column. Mail inquiries should be enclosed with a stamped, addressed envelope or postal card for reply.

## Book Reviews

THE PRACTICAL MYSTIC, or How to Make Perfection Appear. By Katharine Price. Fredrick Price, 11 E. 22. Publishers, Sherman, French & Co., Boston.

A helpful and interesting little volume by a writer who believes she has found the truth and seeks to show to others the way to understand and follow the paths of the world's great moral and spiritual teachers. "People do not need to sin and suffer—that is the message." The author attempts to reveal to the soul what it possesses.

THE NEUTRALITY OF BELGIUM. By Alexander Fuchs, 24 pp. with facsimile documents. Publishers, Funk & Wagnall Company, New York. Price, \$1.50.

Dr. Fuchs, an authority in international law, presents a thorough study of Germany's viewpoint in law of the question of Belgium's neutrality at the time war was declared. He maintains that Belgium was not neutral territory when the German armies invaded it. In that the treaty guaranteeing her neutrality had been void many years before the war. But, he asserts, even if the treaty had been in force, Germany under the sanction of international law, would have been justified in violating it, in order to preserve her existence. In support of his argument the author cites documents and authorities, presenting a strong defense for Germany. He finds that "according to the rules of international law, Belgium ceased to be a perpetual neutral country in 1904," and that, "if, as England pretends, her guarantee under the Quintuple Treaty was still valid in 1914, she is guilty of the violation of a 'sacred treaty' by her alleged, making military arrangements with Belgium for the purpose of which was hostile to Germany."

THE MAN WITHOUT A CHURCH. By Henry Hughes. Publisher, Sherman, French & Co., Boston. Price, \$1.25.

A gloomy, lugubrious problem novel, narrating the sad career of a youth who aspired to become a militant Methodist, but who, after finally being rejected by a presiding elder, "makes good" outside the church. The struggle of Millbrook is described with too painful realism, and notwithstanding the love theme interwoven, one puts the book down with a sigh of relief.

transparent vaseline, 1 ounce. This will prove efficient in eliminating the dandruff.

C. H. H., Washington, D. C.—Baths the eyes several times a day with warm boracic acid water, this very likely to help you. It is also expedient that you have your eyes examined.

D. G.—I breathe through my mouth, and at times my nose becomes clogged. What would you suggest? 2. I am troubled with poor digestion. What do you advise?

Have your adenoids and tonsils removed and the turbinate bones of the nose compressed if necessary, so as to allow more air space. In the meantime irrigate the nose and throat three times daily with alkaline antiseptic fluid diluted three times in water; sleep in the open air if possible, and live an outdoor life.

3. It is advisable that you eat more slowly and at more frequent intervals; take 10 grains of bicarbonate of soda and 10 grains of calcium magnesia before meals and half a dozen bone charcoal tablets after. Eat lots of green vegetables, spinach, carrots, plainly boiled Spanish onions, watercress, lettuce, young peas, boiled dandelions, vegetables with salad oil, rice, brown-bread, cornbread, bran crackers, clear soups, such as beef, mutton, or chicken broth, all kinds of fish, fresh meats, poultry, game, fresh and stewed fruits, plain puddings, ginger bread, honey, and cereals, and drink three quarts of distilled water and lots of fresh milk daily. About half an hour after meals drink a wineglassful of olive oil. Be outdoors in the sunlight and fresh air most of the day and exercise freely every day.

Joseph E. L.—I have combed the hair dry for three years, and it is now beginning to turn gray. Please advise me what to do. How often should the hair be wet?

Take ten drops of tincture of chloride of iron in a wine glassful of water, through a tube, after meals. Make a paste of carbonate of iron, 1 dram to 1

ounce of vaseline, and apply to the scalp. Alternate each night with sunbath ointment. This should be repeated until the gray hairs disappear. Water on the hair when combed is not harmful.

A. H. B.—I am forty years of age, and since having a rather severe case of prostration by the heat four summers ago I have been extremely sensitive to high temperatures, even going into a hot room in winter, which causes dizziness, ringing in the ears, nervousness, and headache. Can you diagnose such a case and recommend a treatment?

It is advisable that you avoid all excitement, obtain lots of sleep and rest, do not over-exert yourself, and keep the bowels active. Avoid hot dishes, salt, pepper, and other condiments, seasonings, nuts, peas, and beans. Take fifteen drops of a saturated solution of iodide of potash in water after meals, increasing one drop at a time until you are taking fifty drops; then go down again to fifteen drops and up several times. Drink three quarts of distilled water daily, lots of fresh milk

and cream, and take a Bulgaria tablet with your meals.

K. A. B.—Kindly recommend a good oil to remove wrinkles from under the eyes.

Olive oil is efficient for this purpose, and may be massaged gently and in a semi-circle motion. This will not darken the skin. Cocoa butter is also very good.

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## PERSONAL ADVICE.

Readers desiring advice should remember:

1. To address inquiries to Dr. L. K. Hirschberg, care of The Washington Times.
2. To enclose a stamped and addressed envelope if a personal reply is desired.



## Corby Cake Satisfies

the requirements for a deliciously dainty dessert. You can be sure it is pure; and your grocer will always have it fresh from the oven.

A kind for every day in the week — Sponge, Citron, Lady's Cake, Chocolate, Raisin, Caramel and Plain Pound

10c==In the safe box.

Miss Dorothy Jardon of Keith's said: "Certainly I will pose for a Corby Cake picture."